



WY Junior Olympic Program 2010-2011 Training Sessions

TEACH

MOTIVATE

CHALLENGE

MENTOR

INSPIRE

The Next Level of Achievement...

Clinician: Cort Peterson will be heading up this year's Wyoming Junior Olympic Program. The Wyoming JOP has seen much success from its wrestlers in the program with over a dozen Wyoming High School State Championships being won since 2002. Coach Peterson brings a wealth of knowledge to the program. After winning 2 Wyoming State Championships, he went on to become a 2 x NCAA All American for Central Oklahoma University. He also continued to wrestle on the Olympic freestyle level for four seasons. Later as an assistant coach at Central Oklahoma, he helped the Bronchos to an NCAA National team championship. All total, he coached 16 COU wrestlers to All American status.



Coach Knight will be working with all the Excel coaches in the USAW Tri-State Program – Wyoming, Colorado & Iowa. He looks forward to working with the Wyoming Junior Olympic Program wrestlers this year.



Schedule: (Time/date notification will be issued)

- Fall Program** –September thru early November
- Winter Program** – Early January thru late February
- Spring Program** – Mid March thru late May

Locations & Groups:

Twin Spruce Junior High School, Gillette Wyoming

Name _____

Address _____

City, State, ZIP _____

Home Phone (____) _____ Alt. Phone (____) _____

Email _____

Birthdate _____ Approx. Weight: _____

Grade / School attending: _____

Emergency Contact Information:

Name _____ Phone (____) _____

Payment Option: (please check one)

- Payment in full: \$700 (includes deposit & tuition)
- Monthly Payment Plan: \$150 initial payment (enclosed) & \$120/month for 5 months
*By enclosing check & signing below, I authorize Excel to deduct monthly payment from checking account.
- Excel Equipment Package - \$100 (please include separate check) Consists of Excel Splash t-shirt, Excel Lycra shorts, Team Excel Singlet.

Program Info: Only the first 24 wrestlers in each group making a year-long commitment (Fall, Winter, Spring) will be accepted into the Wyoming program. Fall and Winter programs focus on collegiate-style wrestling with a transition into freestyle for Spring. Our Excel Coaching staff also focuses on preparing our Excel wrestlers for college. Over 100 Excel wrestlers have gone on to compete at the college level with several earning College All American honors, but more importantly, over 90% walked away with a college degree.

Make checks payable and send to:



Excel Wrestling

3141 S. Evanston Way
Aurora, CO 80014
Phone: 303-931-3973
admin@excelwrestling.com
www.excelwrestling.com

Registration: The program runs from September thru May with priority given to wrestlers returning to the program from last year. A non-refundable deposit of \$150 must be paid with the application. **All applications are due no later than September 1, 2010.**

Payment Plans: Payment-in-full at discounted rate of \$700/year or Monthly plan: initial payment of \$150 submitted with the application, payments of \$120 each month made by bank draft* on the 9th of **October, November, December, January and February.**

I verify that my son is physically able to participate in the 2010-2011 Team Excel Junior Olympic Year Round Training Program. In case of emergency, I release Junior Olympic programs, its staff, USA Wrestling, Excel Wrestling and its staff, Twin Spruce Junior High School from any and all liability resulting from injuries while participating in the program. I understand there is no refund for registration fee to the Excel program if parent/guardian or athlete should cancel application or fail to attend. The wrestler participating in the '10-11 Team Excel Junior Olympic Program does so at his own risk. Excel Wrestling, nor its staff shall be held liable for any damages arising from personal injury sustained by an individual participating in the program.

Parent Signature _____