



**EXCEL WRESTLING
2010 Summer Training Camps**

ENROLL ME IN: (check all that apply)

CAMP	DATE	COST	DEPOSIT
<input type="checkbox"/> IA Excelerator Technique/Intensive Camp Resident - Johnston, IA, Camp Dodge (\$50 state subsidy)	June 13 - 16th	\$295	\$150
<input type="checkbox"/> IA Excelerator Technique/Intensive Camp Commuter - Johnston, IA, Camp Dodge	June 13 - 16th	\$195	\$100
<input type="checkbox"/> WY Excelerator Technique/Intensive Camp Commuter - Gillette, WY, Twin Spruce Jr. High School	June 16 - 18th	\$150	Pay in full
<input type="checkbox"/> Colorado National Team Camp Resident - Estes Park, CO, YMCA of the Rockies	June 21 - 24th	\$320	\$150
<input type="checkbox"/> Colorado National Team Camp Commuter - Estes Park, CO, YMCA of the Rockies	June 21 - 24th	\$195	\$100
<input type="checkbox"/> Hawaii Camp (staying at resort, mainland wrestlers) Resident - Maui, HI (CO team leaves from Denver, IA from Omaha)	June 25 - 30th	\$1600	Call for more info
<input type="checkbox"/> Hawaii Camp Commuter - Honolulu, HI	July 1 - 3rd	\$150	Pay in full
<input type="checkbox"/> Central Iowa Youth Excelerator Camp (8-14 yrs) Commuter - Waukee, IA, Waukee High School	July 25 - 27th	\$150	Pay in full
<input type="checkbox"/> CO Excelerator Technique/Intensive Camp Resident - Estes Park, CO, YMCA of the Rockies	Aug 8 - 11th	\$345	\$200

Resident denotes campers that receive meals and lodging; Commuter denotes no meals or lodging.

Please note: Deposit is non-refundable and must be sent in wit application. Once your application and deposit are received, you will be sent confirmation of acceptance and additional camp information.

I am eligible for: [CHECK ONE ONLY]

- Early Application Discount [MUST be postmarked by April 1, 2010]
- Group Discount - Only Applies to Excelerator Camps, Commuter Camps. Each wrestler will receive a \$20 discount, applicants must be registered together.

I have enclosed a NON-REFUNDABLE Deposit of \$_____

Send Deposit and Application to:

EXCEL Wrestling
3141 South Evanston Way, Aurora, CO 80014
or apply online at www.excelwrestling.com



Steve Knight and the 2000 US Olympic Freestyle Team

Name _____

Address _____

City, State, Zip _____

Home Phone _____

Cell Phone _____

Email _____

Age _____ Approx. weight (req.) _____

INSURANCE INFORMATION

Policy Holder/Number _____

Insurance Company _____

EMERGENCY CONTACT INFORMATION

Name _____

Phone _____

Free T-shirt to each camper & Coach:

Circle adult t-shirt size: **S M L XL XXL**

I verify that my son is physically able to participate in the 2010 Excel Wrestling Summer Training Camps. In case of emergency, I release Excel Wrestling, USA Wrestling, YMCA of the Rockies, Camp Dodge Military Base, Gillette High School, Waukee School District, Punahou High School, Lahaina High School, the Royal Lahaina Resort, and the Excel Wrestling Camp Staff from any and all liability resulting from injuries while participating at camp. I understand that there is no refund for registration fee, if parent/guardian or camper should cancel application or fail to attend. The wrestler participating in the 2010 Excel Wrestling Summer Training Camps does so at his own risk. Excel Wrestling, nor its staff shall be held liable for any damages arising from personal injury sustained by an individual participating in the camp.

Parent / Guardian Signature _____ Date _____

COACH REGISTRATION

1. Fill out top section of application.
2. Circle shirt size.
3. Select camp you want to attend in the next column.

Select each box that applies:

- Head Coach staying with 8 or more Resident wrestlers - FREE
- Asst. Coach staying with 8 or more Resident wrestlers - \$175.00
- Coach staying with fewer than 8 wrestlers - \$175.00
- Commuting Coach - no cost.

All Coaches must pay the \$175.00 fee in full.
See Camp Listing for due dates.